

# June

# 2019

## Men's Soccer

| Sunday | Monday                   | Tuesday   | Wednesday                | Thursday                      | Friday                        | Saturday        |
|--------|--------------------------|---|--------------------------|-------------------------------|-------------------------------|-----------------|
|        |                          |   |                          |                               |                               | 1               |
| 2      | 3                        | 4   | 5                        | 6                             | 7                             | 8<br>GRADUATION |
| 9      | 10<br>PM Training 6-7:30 | 11<br>PM Training 6-7:30                            | 12<br>PM Training 6-7:30 | 13                            | 14                            | 15              |
| 16     | 17<br>PM Training 6-7:30 | 18<br>Cross Fit Training 9-10<br>PM Training 6-7:30 | 19<br>PM Training 6-7:30 | 20<br>Cross Fit Training 9-10 | 21<br>Cross Fit Training 9-10 | 22              |
| 23     | 24<br>PM Training 6-7:30 | 25<br>Cross Fit Training 9-10<br>PM Training 6-7:30 | 26<br>PM Training 6-7:30 | 27<br>Cross Fit Training 9-10 | 28<br>Cross Fit Training 9-10 | 29              |
| 30     |                          |   |                          |                               |                               |                 |

# July

# 2019

## Men's Soccer

| Sunday                 | Monday                   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday               |
|------------------------|--------------------------|---|--|---|---|------------------------|
|                        | 1                        | 2<br>Cross Fit Training 9-10                        | 3  | 4<br>Cross Fit Training 9-10                        | 5<br>Cross Fit Training 9-10                      | 6                      |
| 7                      | 8<br>PM Training 6-7:30  | 9<br>Cross Fit Training 9-10<br>PM Training 6-7:30  | 10<br>PM Training 6-7:30                         | 11<br>Cross Fit Training 9-10<br>PM Training 6-7:30 | 12<br>Cross Fit Training 9-10                     | 13                     |
| 14                     | 15<br>PM Training 6-7:30 | 16<br>Cross Fit Training 9-10<br>PM Training 6-7:30 | 17<br>PM Training 6-7:30                         | 18<br>Cross Fit Training 9-10<br>PM Training 6-7:30 | 19<br>Cross Fit Training 9-10                     | 20                     |
| 21                     | 22                       | 23<br>Cross Fit Training 9-10                       | 24   | 25<br>Cross Fit Training 9-10                       | 26<br>Cross Fit Training 9-10<br>Wake Forest Camp | 27<br>Wake Forest Camp |
| 28<br>Wake Forest Camp | 29<br>PM Training 6-7:30 | 30<br>PM Training 6-7:30<br>Check all paper work    | 31<br>PM Training 6-7:30<br>Check all paper work |   |   | 0                      |
|                        |                          |   |  |   |   |                        |

# August

2019

## Men's Soccer

| Sunday | Monday                    | Tuesday                   | Wednesday                               | Thursday  | Friday                | Saturday                 |
|--------|---------------------------|---------------------------|---|---|-----------------------|--------------------------|
|        |                           |                           |   | 1<br>PM Training 6-7:30<br>Check all paper work | 2                     | 3                        |
| 4      | 5<br>Try-Outs<br>PM Field | 6<br>Try-Outs<br>PM Field | 7<br>Try-Outs<br>PM Field               | 8<br>First Day of School<br>Practice 4-5:30     | 9<br>Practice 4-5:30  | 10<br>Scrimmages @ Hough |
| 11     | 12<br>Practice 4-5:30     | 13<br>Practice 4-5:30     | 14<br>Practice 4-5:30                   | 15<br>Practice 4-5:30                           | 16<br>Practice 4-5:30 | 17<br>Foard Friendlies   |
| 18     | 19<br>@ Myers Park        | 20<br>Practice 4-5:30     | 21<br>Practice 4-5:30<br>@ East Forsyth | 22<br>Practice 4-5:30                           | 23<br>Practice 4-5:30 | 24                       |
| 25     | 26<br>@ North Iredell     | 27<br>Practice 4-5:30     | 28<br>South Iredell home                | 29<br>Practice 4-5:30                           | 30<br>Practice 4-5:30 | 31                       |
|        |                           |                           |   |   |                       |                          |

